



## Press Release

**New Delhi: 5<sup>th</sup> February 2022**

### **SAI's National Selection Trials for Athletics to begin on 9th February**

**New Delhi, February 5:** National Selection Trails for Athletics is set to begin in Sports Authority of India's (SAI) eight National Centre of Excellence (NCoEs) across the country from 9th February 2022 onwards.

#### **Eight NCoEs where the selection trials will take place are -**

- 1) NCOE, Bhopal - Middle Distance - 17th -18th Feb
- 2) NCOE, Patiala - Sprints, Horizontal Jumps (LJ&TJ), Throws (SP, DT, HT & JT) & Combined Events - 14th -15<sup>th</sup> Feb
- 3) NCOE, Sonipat - Sprints, Throws, (SP, DT, HT & JT), Combined Events & Race walk - 17th -18<sup>th</sup> Feb
- 4) NCOE, Trivandrum - Sprints, Jumps (LJ, TJ, HJ), Middle Distance - 14th -15<sup>th</sup> Feb
- 5) NCOE, Bangalore - Sprints, Jumps (LJ, TJ, HJ & PV) Middle Distance and Racewalk - 17th -18<sup>th</sup> Feb
- 6) NCOE, Lucknow - Middle Distance, & Long Distance - 09th -10<sup>th</sup> Feb
- 7) NCOE, Imphal - Long Distance, Walk - 14th – 15<sup>th</sup> Feb
- 8) NCOE, Kolkata - Sprints and Combined Events - 17th -18<sup>th</sup> Feb

The selection trials will take place for 17 disciplines of Athletics and is scheduled over the period of two days each.

While Day 1 of the schedule would be devoted to registration, document verification, submission of application and Anthropometric Tests (Standing Height, Sitting Height, Body Weight, Arm Span, Leg length, Arm length, WHR, BMI), Day 2 would be devoted to event-specific tests and event performance trials for each discipline.

#### **Event-specific selection tests that would be conducted are -**



- 1) 100m/200m - 30m Standing, 10 Bounds, SBJ, Event Trial
- 2) 400m/600m - 30m Standing, 10 Bounds, SBJ, Event Trial
- 3) 800m/1500m/ 2000m SC or 3000m SC - 30m Standing, 10 Bounds, SBJ, Event Trial
- 4) Long Distances - 30m Standing, 10 Bounds, SBJ, Event Trial
- 5) 100m H/80m H -  
30m Standing, 10 Bounds, SBJ, Event Trial
- 6) 110mH - 30m Standing, 10 Bounds, SBJ, Event Trial
- 7) 400mH - 30m Standing, 10 Bounds, SBJ, Event Trial
- 8) Long Jump - 20m Standing 10 Bounds, SBJ Event Trial
- 9) Triple Jump - 30m Standing, 10 Bounds, SBJ, & Event Trial
- 10) High Jump - 30m Standing, 10 Bounds, SVJ, & Event Trial
- 11) Pole Vault - 30m Standing, 10 Bounds, SVJ, & Event Trial
- 12) Shot Put - 30m Standing, SBJ, standing throw, Event Throw (as per age category)
- 13) Discus Throw - 30m Standing, SBJ, standing throw, Event Throw (as per age category)
- 14) Hammer Throw - 30m Standing, SBJ, standing throw, Event Throw (as per age category)
- 15) Javelin Throw - 30m Standing, SBJ, standing throw, Event Throw (as per age category)
- 16) Combined Events -30m Standing, SBJ, 100m H/110m H, Shotput, High Jump
- 17) Race Walk - SBJ, 400m Race Walk, Event Trial (as per age category)

The selection trails are open to both boys and girls between the age group of 16 to 21 years (Age as of 01/01/2022) with performance, sports performance between 2018 to 2022 is considered. Further details on the selection criteria have been given on SAI's website.

**EOM**